

THE WEEKLY WINDOW

OUT TO THE LIFE
AND MINISTRY OF
HUDSON MEMORIAL
PRESBYTERIAN CHURCH



JUNE 21, 2024

ADULT SUMMER SERIES THE HISTORY OF THE LAND HUDSON SITS ON

THIS SUNDAY, JUNE 23 | 9:30AM
WESTMINSTER HALL NORTH

Led By Elder Dottie Burch & Pastor Mac

Come learn what we are uncovering about the land Hudson's physical property sits on. From Native American hunting lands to the Wake County Poor Farm, to the intention to build a shopping center, there are many interesting things to honor and remember.



AN AWESOME WEEK AT HMPC ARTS CAMP!

This past Wednesday, Thursday, and Friday, we had 50 children, youth, and adults participate in our HMPC Arts Camp as campers, helpers or leaders. This is the third year for this Arts Camp and it was another great week of art, music, drama, and fun dinners together. This year's theme was "God of the Sparrow, God of the Whale". Thanks



to all the volunteers/staff who helped make this week a success! Come to worship this Sunday to hear and see what they learned this week. Be sure to stop by Westminster Hall after worship to see some of the artwork they created!



ST. CUTHBERT'S WAY PILGRIMAGE

From June 24th to June 31st, Katy and I did a six day, seven night pilgrimage in the borderlands of Scotland and England called St. Cuthbert's Way. It is a 62.5 mile trail that begins in Melrose, Scotland, and concludes on Holy Island (also known as Lindisfarne), England. Twenty-seven years ago, when Katy & I were minister interns in Northern Ireland and vacationing in England & Scotland, we tried to go to Holy Island, but couldn't. You see access to Holy Island has always depended on the tides. There is a road and a pilgrims' path that are only accessible when the tide is out. A quarter of a century ago, when we pulled up in our Vauxhall, the tide was in and we couldn't wait six hours for it to go back out. Katy and I were interested in Holy Island for its Christian history, but also because it was the first place the Vikings (aka Northmen) invaded in Great Britain in 793 CE.



Our group on day 3.



Cuthbert pilgrimage shells & sneakers as we started the hike in Melrose.

St. Cuthbert was a 7th century bishop in Northumbria who gained particular fame for his piety, connection to nature, miracles, and generous care for people in the reign. I will talk more about his life in the Summer Series on Sunday, July 28th at 9:30 a.m. St. Cuthbert's Way was the vision of Ron Shaw in 1995 and it opened to hikers in July 1996. It stops in several places associated with St. Cuthbert's life and also allows pilgrims to experience the diverse beauty of the borderlands. Katy and I did the pilgrimage with four other people. This was my fifth pilgrimage route since 2016 when I did the Camino Frances in Spain for my sabbatical time.

You could say I have caught the pilgrimage bug!

Some of the reasons I have caught the pilgrimage bug are:

- It engages the mind, body and spirit in such unique ways.
- Walking a long trail allows you to slow down and connect with creation for extended periods of time.
- It gives you rest from normal routines but also works your body.
- It allows you extended time to talk to people you travel with and to visit with the people you meet along the way.
- It can be unpredictable, inefficient and surprising - all of which I love!
- Pilgrims' paths are connected to historical Christian saints and have a history of people traveling to sacred sites in devotion to God.

This is the first time that I didn't organize all the travel details myself. We worked with a tour company that arranged our lodging, luggage transfer and packed lunches. While a bit more expensive, it was nice not to have to worry about those details and to only carry a daypack, not all my gear. This is all proof that there are a variety of good ways to do pilgrimage.

As far as highlights, this is one of the most beautiful pilgrimages I've ever done. The Scottish border region is gorgeous. The inns and towns we stayed in had cozy pubs that were fun to sit in at the end of the day and visit with people over a pint. The last day of the pilgrimage was very memorable: When the tide goes out, the tradition is that pilgrims walk barefoot across the sound following tall sticks leading to the island.



Walking barefoot across the sound to Holy Island on our last day.

MAC'S MEANDERINGS (continued)

The last day is about 10 miles, three of which are across the sound. It was very meaningful to share this final stretch with Katy. Her favorite professor in college, Dr. Mattie Hart, summered in England. She used to talk about St. Cuthbert being her favorite saint. It was nice for us to remember Dr. Hart as we arrived on Holy Island. The night of our arrival I worshipped at St. Mary's Episcopal Church for evening prayer. After the tide goes in, the island is very quiet because most tourists have left. It stayed light until well after 10 p.m. and we were able to explore Holy Island.

The next day Katy and I traveled to Durham Cathedral (about an hour south of Holy Island via train) where



St. Cuthbert's grave at Durham Cathedral.

St. Cuthbert is buried. His body was brought there centuries ago as a result of Viking attacks. We went to a morning prayer service at his grave. She and I had been there one other time, but I had also been to Durham Cathedral when I was 11 years old as a part of a choir tour with the church I grew up in.



Pastor Mac with a modern statue of St. Cuthbert on Holy Island in the Priory ruins.

If you are interested in learning more about St. Cuthbert's Way the official pilgrimage website is www.stcuthbertsway.info

I'll conclude with this Prayer for Pilgrims provided by the churches that are along St. Cuthbert's Way:



Way marker on the path.

"May God go with you as you walk. May you find the imprint of the infinite in all you see. May you hear all the Creator of Life has to say to you. May you find what you seek. May you know that you are loved. Amen."

FELLOWSHIP

Fellowship Friday

Friday, June 28, at 5:30pm

Cafe Capistrano & Altered State Brewery

These are side-by-side venues. Altered State is a local brewery and Cafe Capistrano is a low-key eatery serving California-style Mexican fare.

8471 Garvey Dr. Unit 113 (off of Durant Road)

Food and drink available for purchase. This is a family-friendly gathering, and dogs are welcome too. Last year we had a blast!



JUNE SPECIAL OFFERING: Avery County Mission Trip

During June, the church is supporting the Avery County Adult Mission Trip, which will be underway in late July to aid Avery County Habitat for Humanity in its home builds. Eleven individuals (so far) have committed to joining the Mission Trip; and many of them will be contributing \$250 each to help defray the trip's expenses. Nonetheless, we need the assistance of the congregation to fully meet this year's costs and to provide the reserve needed to meet next year's advance reservation expenses. **As of today, we are still in need of \$1,698 to meet our ultimate needs of \$6,200.** We look to and hope for your help in meeting that goal.

You can give by designating your donation on an envelope placed into the offering plate; mailing a check with "Avery County Trip" in the memo line to the church office; giving [online](https://www.hmhc.org) by visiting [hmhc.org](https://www.hmhc.org); or texting the donation amount with the word "Avery" to 888-906-0744. (Example text: 25 Avery)



Summer Project for the Food Bank

As we did last summer, the Mission Committee is making a hands-on project for the Food Bank open to members and friends. The Food Bank will bring us a very large spool of red mesh which will be cut and tied into 6,000 produce bags. Each bag will be packed with 5 pounds of fresh produce which the Food Bank will make available to people across their service area through food pantries, such as the one at North Raleigh Ministries. Last year we made thousands of bags which were filled and distributed! This small project has a big impact and



we invite everyone to participate as you are at the church enjoying fellowship, volunteering in the church office, etc. The Committee is going to pre-cut the bags so you can easily take a bunch home to do as well. The material will be available in Westminster Hall this week!

Looking For Stories of Giving Out Your "A Place At The Table" Meal Card

On Youth Sunday our confirmation class handed out *A Place At The Table* gift cards. We are wondering if you have any brief stories about who you gave them to and what happened? If you do, and don't mind your story being shared in the church newsletter

(anonymously), please send them to Pastor Mac (mschafer@hmhc.org) by **June 23rd**. Please keep your statement to one paragraph or 5-6 descriptive sentences.



JUNE TEND MY SHEEP: Inter-Faith Food Shuttle



The organization that the church is supporting during June is the Inter-Faith Food Shuttle, which seeks to ameliorate hunger in our area by recovering and distributing food, teaching how to grow food sustainably, and demonstrating how to shop and prepare it in ways that are affordable and healthy. The Inter-Faith

Food Shuttle distributed 9 million pounds of food last year through its many programs, including the Backpack Buddies program for school-age children and a Senior Nutrition program for older adults. **The requested items for this month are rice, pasta, and breakfast items.**

ANOTHER WAY TO DONATE: In addition to bringing these items to the church and leaving them as usual in the Sanctuary collection bins, the Mission Committee is introducing an alternative way for you to make actual food donations. Through an organization known as Benevolist, we have set up a June food drive for the Inter-Faith Food shuttle. **The link for that drive is [HERE](#).** Without additional cost you may select and purchase from the food options found on the site and have your selections automatically delivered to the Food Shuttle at its address. When, as requested, you report your purchases on Hudson's food drive site set up through Benevolist, the site will account for the congregation's aggregate purchases made in June through the site.

SUMMER FAITH FORMATION

Weekday Summer Adult Faith Formation Opportunities MARK YOUR CALENDAR!

Tuesday, June 25 - 6:30am - Zoom - Waking Up With The Word

Thursday, June 27 - 6:00pm - Vivo Ristorante - Women at the Well (monthly group)

Thursday, June 27 - 7:00pm - Presbyterian Pint - Mordecai Bev. Co.

Monday, July 1 - 12:00pm - WH South - Brown Bag Lunch with Pastor Mac

Tuesday, July 2 - 6:30am - WH Patio - Waking Up With The Word

Tuesday, July 9 - 6:30am - Zoom - Waking Up With The Word

Monday, July 15 - 12:00pm - Chapel - Seeing the Word (Topic: The Book of Kells)

Tuesday, July 16 - 6:30am - WH Patio - Waking Up With The Word

Tuesday, July 23 - 6:30am - Zoom - Waking Up With The Word

Thursday, July 25 - 6:00pm - Vivo Ristorante - Women at the Well (monthly group)

Thursday, July 25 - 7:00pm - Presbyterian Pint - Mordecai Bev. Co.

Tuesday, July 30 - 6:30am - WH Patio - Waking Up With The Word

Monday, August 5 - 12:00pm - WH South - Brown Bag Lunch with Pastor Mac

Tuesday, August 6 - 6:30am - Zoom - Waking Up With The Word

Tuesday, August 13 - 6:30am - WH Patio - Waking Up With The Word

Monday, August 19 - 12:00pm - Chapel - Seeing the Word (Topic: The Lindesfarne Gospel)

Tuesday, August 20 - 6:30am - Zoom - Waking Up With The Word

Thursday, August 22 - 6:00pm - Vivo Ristorante - Women at the Well (monthly group)

Thursday, August 22 - 7:00pm - Presbyterian Pint - Mordecai Bev. Co.

Tuesday, August 27 - 6:30am - WH Patio - Waking Up With The Word



THIS WEEK AT HUDSON

Sunday, June 23

9:30am - Adult Summer Series - WH North
9:45am - Summer Sing - Choir Loft/Sanctuary
10:30am - Worship - Sanctuary
10:45am - Children's Sunday School - Geneva/Playgarden
11:30am - Fellowship - WH North
4:00pm - EAP Meeting - Zoom

Monday, June 24

6:30pm - PEO - Room 200
7:00pm - Session - WH South
8:00pm - Al-Anon/Alateen - Geneva Rm 226, 234, 235

Tuesday, June 25

6:30am - Waking Up With The Word - Zoom
9:30am - Staff Meeting - Welcome Lounge
5:45pm - ACA Support Group - Room 200

Thursday, June 27

6:00pm - Women at the Well - Vivo Ristorante
7:00pm - Presbyterian Pint - Mordecai Bev. Co.

Friday, June 28

5:30pm - Fellowship Friday - Cafe Capistrano
5:45pm - ACA Support Group - Room 200

SUNDAY FAITH FORMATION

ADULT SUMMER SERIES

9:30-10:20am on Sundays | WH North

THIS WEEK!

June 23: Dive into the Hudson's Land

Come learn what we are uncovering about the land Hudson's physical property sits on. From hunting land to a county poor farm, to the intention to build a shopping center, there are many interesting things to honor and remember. Led by Elder Dottie Burch and Pastor Mac.

June 30: Holy Land Archeology



We will watch the National Geographic documentary *The Secret of Christ's Tomb*, followed by a conversation led by archaeologist Mary Glenn Krause.

July 14: Meals on Wheels packing event

We will be packing 500 lunch bags for Meals on Wheels during the Sunday School hour. These bags will be delivered to the MOW clients as an extra meal. The Mission Committee will be purchasing the contents for these meal bags with Hunger Action budgeted funds.



July 21: Celtic Christianity 101



St. Patrick, St. Columba, the Gospel of John, God's creation, the Isle of Iona, the Synod of Whitby, and more. What are the marks of Celtic Christianity? Come "scratch the surface" of this interesting topic that can impact your spiritual journey. Led by Pastor Mac.

July 28: St. Cuthbert & The Holy Island

St. Cuthbert is a 7th century saint who is buried in Durham Cathedral in England. He conducted ministry along the present day Scottish border and lived on the Holy Island of Lindisfarne. There are many interesting stories and legends about him, and today there is a 100 km pilgrims' path in his memory. Come join Pastor Mac to learn about Cuthbert.

FELLOWSHIP

Single Way

Join us Tuesday, July 2, at 11:30am

Vivo Ristorante

7400 Six Forks Road, Raleigh, NC 27615



Please call Dee Blackerby at 919-846-6241 by June 29th if you plan to attend. If you know of anyone that might like to join us, please extend the invitation. All are welcome.

WORSHIP & THE ARTS

Early Service on July 7

Do you like starting your Sundays early? Do you have a friend who is looking for a church that has a simple, intimate, communion service? Do you want to attend Sunday worship and make it to the golf course early?

Join us for our monthly 8:30am Chapel Worship service the first weekend in July! Iva Stowe will be sharing music and communion will be served by intinction. Pastor Mac will be preaching.

FIRST SUNDAY OF EVERY MONTH

INTIMATE



SACRAMENTAL



EARLY



SHORTER



8:30AM CHAPEL WORSHIP